





**Use and Care Instructions** 

#### **CONGRATULATIONS!**

You now own a top-quality Baby Oasis™ product - designed by us and thoroughly tested to be certain it meets our own exacting quality control standards.

Please take a few moments to review the following important information before using this item.

#### **THANK YOU!**

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## IMPORTANT SAFEGUARDS:

### **CAUTION**

- TO REDUCE THE RISK OF ELECTRIC SHOCK, DO NOT REMOVE ANY COMPONENTS. THERE ARE NO USER-SERVICEABLE PARTS INSIDE.
- TO REDUCE THE RISK OF FIRE OR ELECTRIC SHOCK, DO NOT EXPOSE THIS UNIT TO RAIN OR MOISTURE.



The lightning flash with arrow-head symbol within an equilateral triangle is intended to alert the user to the presence of uninsulated "dangerous voltage" within the unit's enclosure that may be of sufficient magnitude to constitute a risk of electric shock.



The exclamation point within an equilateral triangle is intended to alert the user to the presence of important operating and maintenance (servicing) instructions in the literature accompanying the unit.

# SAFETY INSTRUCTIONS IMPORTANT......PLEASE READ FIRST

- 1. All the safety and operating instructions should be read, followed, adhered to and retained for future reference.
- The unit should not be used near water, such as a bathtub, swimming pool, washbowl, kitchen sink, laundry tub or in a wet basement.
- 3. Care should be taken so that objects do not fall and liquids are not spilled onto the unit.
- 4. Do not reach for unit if it has fallen into water. Unplug it immediately.
- 5. The unit should be situated away from heat sources, such as radiators, heat registers, stoves, or other appliances (including amplifiers) that produce heat.
- 6. This unit may be subject to interference from external sources such as transformers, electric motors or other electronic devices. To avoid distortion created by such sources, it is advised that you place the unit as far away from such sources as possible.
- 7. Do not apply excessive force when using any switches or controls.
- 8. The unit should be connected to a power supply only of the type described in the operating instructions or as marked on the unit.
- 9. Precautions should be taken so that the grounding or polarization means of the unit are not defeated.
- 10. Power supply cords should be routed so that they are not likely to be walked on or pinched by items placed on or against them, paying particular attention to cords at plugs, convenience receptacles and the point where they exit from the unit.

- 11. The unit is equipped with an attachment plug with overload protection. This is a safety feature. If replacement of the plug is required, be sure the service technician has used a replacement plug specified by the manufacturer that has the same overload protection as the original plug.
- 12. The unit should be cleaned only as recommended in the instructions.
- 13. The power cord of the unit should be unplugged from the outlet when left unused for long periods of time.
- 14. The user should not attempt to service the unit beyond that described in the operating instructions.
- 15. Do not attempt to clean the unit with a chemical solvent as this might damage the finish. Use a clean, dry cloth.

#### Note:

- Operate controls and switches as described in the manual.
- Before turning on the power, make certain that the power cord is properly connected to the electrical outlet.
- When moving the unit, be sure to first unplug the power cord.
- Avoid placing this unit in areas that are exposed to direct sunlight or close to heat-radiating products, such as electric heaters. Do not place unit on top of stereo equipment that radiates heat. Avoid placing the unit in areas that are dusty, humid and moist, lack ventilation and are subject to constant vibration.

#### WARNING

- These sounds will not suppress a baby's cry if the crying is the result of hunger, pain, cold, wetness or unusual discomfort. Attend to these basic needs first.
- Do not place the unit in bed with the baby.
- Do not put the unit, AC cord or any headphones that may be used with the unit within the baby's reach.

#### **HELPFUL HINTS**

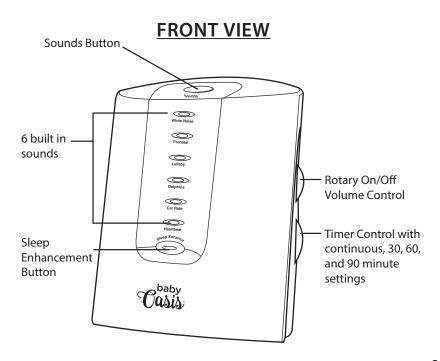
- Introducing these sounds to babies within the first 10 weeks of life may improve effectiveness.
- These sounds will normally start to soothe your baby in a few seconds or up to 10 minutes.
- Playing these sounds at moderate to high volume is generally
  effective, but you may need to adjust the volume based on the
  distance of the unit from your baby and other noise in the room.
  Generally speaking, placing the unit 18 inches from your baby's
  bed is adequate at moderate volume.

## **PRODUCT OVERVIEW:**

**Sound Oasis®** advances sound therapy for babies and young children to a new level with BabyOasis™. Exhibiting sleep expert developed sounds and authentic sounds of nature, **BabyOasis™** provides a superior calming and sleep experience for children of all ages.

**BabyOasis™** also includes ever popular features such as our patented Sleep Enhancement® technology, extra long sound tracks, automatic volume reduction, a 4 position timer, off/resume and battery or AC power options for unsurpassed quality and convenience.

## **UNIT FEATURES:**



## **REAR VIEW** Rotary On/Off Volume Control Timer Control with continuous, 30, 60, and 90 minute settings Headphone Jack AC Adapter Jack (Adapter included) **Battery Compartment** (on bottom)

## **POWER SOURCES:**

**BabyOasis**<sup>™</sup> can be powered by an AC Adapter (included) or by four (4) AA batteries (not included).

#### (i) USING AC POWER:

Connect the supplied AC Adapter to the AC Adapter Jack located on the side of the unit and plug the AC Adapter into a wall outlet. When plugged in, the unit will draw no power from any batteries that you may have installed in the Battery Compartment. If a power outage occurs, the unit will automatically switch over to battery power.

#### (ii) USING BATTERY POWER:

To install batteries, open the Battery Compartment located on the bottom of the unit. Insert four (4) AA alkaline batteries in the direction marked by the indicators inside the Battery Compartment. Replace the Battery Compartment Door.

## **OPERATION:**

#### (i) TURNING SOUNDS ON:

Your unit can be turned on by rotating the On/Off Volume Control to the desired volume level. When first turned on, your unit will automatically play its factory sound setting – WHITE NOISE.

#### (ii) SELECTING SOUNDS:

Your unit has six (6) sounds. To play any sound, press the Sounds Button until you reach your desired sound. An LED light will illuminate to show the sound that is selected.

#### (iii) VOLUME ADJUSTMENT:

To adjust the volume of sound playback, rotate the On/Off Volume Control to your desired volume.

#### (iv) TIMER:

Select the length of time you want the sound to be played by sliding the Timer Control to the desired setting. Four (4) positions are available: "Continuous" for constant playback; "30" for 30 minutes, "60" for 60 minutes and "90" for 90 minutes.

To provide a non-jarring off, in the "30", "60", or "90" minute timer positions, the sound gradually fades away in the last 10 minutes of play before turning off.

#### (v) STOPPING SOUND PLAYBACK:

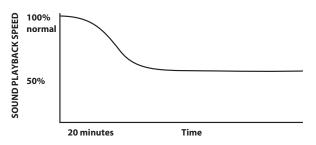
In addition to the timer feature, your unit may be turned off manually by turning the On/Off Volume Control off.

## **SLEEP ENHANCEMENT® FEATURE:**

Sleep Center research has proven that a gradual slowing of sounds helps promote better sleep and relaxation. We've taken that research and worked with its pioneer, the world renown sound therapist, Dr. Jeffrey Thompson, Director of the Center for Neuroacoustic Research in Encinitas, California, to bring this exciting technique to **BabyOasis™**.

## This safe, patented Sleep Enhancement® technique works as follows:

- When activated, the playback speed of your unit's six (6) sounds will gradually slow down over a 20 minute period to gently lull your baby/child to sleep.
- Once the playback speed reaches its slowest point (close to one half of normal speed) at the 20 minute mark, the playback speed will remain at this level until the unit automatically turns itself off (with the 30, 60 or 90 minute timer) or until you manually turn the unit off.



## To use the Sleep Enhancement® feature, please follow these steps:

- 1. Turn your unit on (if not already on) and press the Sleep Enhance Button to activate the Sleep Enhancement® feature. The Sleep Enhance Button will illuminate to signal that the Sleep Enhancement® feature is "on".
- 2. Press the Sound Selector Button until you reach your desired sound. Upon reaching your chosen sound, the unit will playback that sound in a sleep enhanced manner, as described above.
- 3. To turn the Sleep Enhancement® feature "off", press the Sleep Enhancement Button a second time.

## **DESCRIPTION OF SOUNDS**

BabyOasis™ incorporates the most advanced sound therapy available. Developed by Dr. Jeffrey Thompson from his years of practice at the Center for Neuroacoustic Research, these sounds create a soothing, therapeutic environment that have been proven to help babies and children relax and sleep better. With six (6) unique sound selections, some parents may discover and use one sound continually, while others may use different sounds over time for variety, transition to a new age level, etc. The six (6) sounds are listed and described below.

<u>White Noise:</u> The steady flow of a cascading waterfall is perfect as a "natural white noise". Profoundly calming to infants (or adults), this natural sound blocks out disturbing noises and shares many of the natural sounds that we all heard when we were in our mother's womb.

<u>Prenatal:</u> This scientifically and acoustically correct sound is what a fetus hears in the womb. Inferior competitive recordings of a womb do not compensate for the fact that a fetus' middle ear and ear canal are filled with fluid. This version takes all of these factors into consideration for true authenticity and maximum effectiveness.

**Lullaby:** A delightful melody provides a happy and soothing sound. Professionally composed, this sound avoids recognizable "loops" common with simpler sounds found in competitive sound conditioners.

**Dolphins:** This peaceful sound combines the sound of ocean surf with 3D recordings of dolphins as they swim and sing around you. **Car Ride:** Many new parents discover that their children almost magically fall asleep to the rhythmic motion and sound of a car. This authentic recording of the inside of a moving car blends a pulsating murmur with white noise to recreate a soothing environment without the hassle of driving around the block! **Heartbeat:** Most babies are soothed by the sound and pulse of a moderately relaxed heartbeat. This authentic recording provides an ideal beat and rhythm for babies, children, adults and even young pets.

## ABOUT DR. JEFFREY THOMPSON

**Dr. Thompson** is recognized as one of the world's leading experts in sound therapy. He has created over 60 CDs which are sold in 26 countries and is a consummate musician and composer in his own right.

**Dr. Thompson** has appeared on Fox Evening News, CNN, Time/Life, various radio programs and quoted in the Wall Street Journal, Washington Post, San Diego Magazine and Psychology Today.

## **HELPFUL HINTS FOR USE WITH BABIES:**

- Introducing these sounds to babies within the first 10 weeks of life may improve effectiveness.
- These sounds will normally start to soothe your baby in a few seconds or up to 10 minutes.
- Playing these sounds at moderate to high volume is generally effective, but you may need to adjust the volume based upon the distance of the unit from your baby and other noise in the room. Generally speaking, placing the unit 18 inches from your baby's bed is adequate at moderate volume.

### **WORDS OF CAUTION:**

- These sounds will not suppress a baby's cry if the crying is the result of hunger, pain, cold, wetness or unusual discomfort, so please attend to these basic needs first.
- Do not place the unit in bed with the baby.
- Do not put the unit, AC cord or any headphones that may be used with the unit within the baby's reach.

## **HEADPHONE JACK:**

Your BabyOasis™ includes a Headphone Jack (headphones not included). The Headphone Jack accepts a 1/8 inch (3.5mm) monaural plug or stereo plug for monaural playback.

## **RESET PROCEDURE:**

Should you ever experience problems with the proper function of your unit, you may need to reset the unit's computer controlled electronics. To do so, unplug the unit from the wall outlet (if plugged in) and remove the batteries from the Battery Compartment for 60 seconds.

## **FCC NOTICE:**

This equipment complies with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. Operation is subject to the following two (2) conditions: (1) This device may not cause harmful interference; and (2) This device must accept any interference received, including interference that may cause undesired operation.