

Parts List







SleepPhones® Wireless Headphones

Micro-USB to Standard USB Cable

AC Power Adaptor





Bluetooth® Transmitter

Mini-USB to Standard USB Cable

3.5mm Cable





Velcro<sup>®</sup> Strip

AS-TV-US-QUICK-01

# Quick Start Guide

## 1. CONNECT THE TV BLUETOOTH® TRANSMITTER TO A POWER SOURCE:

- Connect the mini-USB end of the black cord to the Bluetooth® transmitter's mini-USB port.
- Connect the standard USB end of the same black cord to a power source such as a USB port on a computer, TV, etc. or the enclosed gray AC power adaptor.

### 2. CONNECT THE BLUETOOTH® TRANSMITTER TO THE AUDIO SOURCE:

- If you are connecting to a TV or computer with a 3.5mm audio port, simply plug the 3.5mm Audio Cable into the TV Bluetooth® Transmitter on the TV or computer. You do not need the RCA-Y adaptor.
- If you are connecting to a TV without a 3.5mm port, then you will need the RCA-Y adaptor.
  - Plug the RCA-Y adaptor's red end into the audio right (red) and the white end into the audio left (white) of the cable box or satellite receiver.
  - Then connect the 3.5mm Audio Cable to the RCA-Y adaptor and the TV Bluetooth® transmitter.

### 3. PAIR YOUR SLEEPPHONES® WIRELESS HEADPHONES TO THE TV BLUETOOTH® TRANSMITTER:

- Hold the TV Bluetooth® transmitter (audio transmitter black box) button for approximately 5 seconds or until you see a fast blinking blue light.
- Bring your SleepPhones® Wireless headphones within 3 feet (1 meter) of the TV Bluetooth® transmitter.
- Turn on your SleepPhones® Wireless headphones by holding down the middle square button for 5 seconds, you will hear an ascending 3 ring tone followed by a series of double beeps. When the module is in pairing mode, you will notice a fast blinking red light. The beeps will last for only 10 seconds, but the device will remain in pairing mode until it is paired. When the product is successfully paired with the TV Bluetooth® transmitter you will hear a long tone in the speakers to indicate it is connected. The SleepPhones® module with have a slow red blinking light once it is fully paired. The TV Bluetooth® transmitter will have a solid blue light to indicate that it is fully paired.

#### TO WATCH A 1-MINUTE INSTRUCTION VIDEO



www.SleepPhones.com/TellyPhones