



sleep & wake mask

sleep enhancement[®] technology

optional sleep enhancement[®] setting
uses pulses of light to nudge you to
sleep at bedtime and wake you up
in the morning.

brought to
you by

sound oasis[®]
sleep better. feel better. live better.[®]

- comfortable, with washable cover
- blocks all outside light
- perfect for home or travel
- built-in rechargeable battery
- contains : mask, USB charging and programing cable, power adapter, free APP, travel case

Glo to Sleep® illumy™



ILLUMY helps you fall asleep faster with gradually dimming “sunset colored lights”. In the morning, ILLUMY will automatically start illuminating “blue sky light” before your set alarm time.

For stubborn insomniacs, our optional Sleep Enhancement® technology helps nudge users into sleep with pulsing lights.

These lights pulse at slower Delta frequencies consistent with sleep at bedtime, and with faster Alpha frequencies consistent with waking up in the morning.

ILLUMY entirely blocks outside light that can keep you awake or interfere with your natural melatonin flow.

ILLUMY is controlled by an easy to use smartphone APP. Once you have set your alarm settings, you simply connect a cable to the mask and press a button. The mask then holds your settings without need for a smartphone.

Perfect for use at home or for international travelers as they cope with sleep on airplanes and jet lag.



fall asleep easier with a dimming sunset



wake-up easier, more refreshed with blue sky morning light

visit us at www.glotosleep.com / www.soundoasis.com
P.O. Box 526, Marblehead, MA 01945-0526
Developed in North America
Custom manufactured in China to our exact specifications
Model GTS-3000 / Patents Pending
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